



Pineland's Regional High School

September 2011

Lunch: \$ 2.40

(Eligible students may receive free or a .40 reduced lunch meal)

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
THE PIZZERIA... Everyday Choices: Cheese & Pepperoni						1 If you have any questions regarding the lunch program please feel free to contact Tina Mosher your Food Service Director @ 609-294-2769, or please e-mail me @ tmosher@prsdnj.org . Thank you!		2 More Info ... Cheeseburger/ Hamburger/ Chicken Patty/ Cheese Steak Monday Bacon Cheeseburger Tuesday Chicken Patty Melt Wednesday Italian Burger Thursday California Ranch Chicken Friday Veggie Burger Grab n Go Salads... Chef Chicken Ranch Garden Chicken Caesar Turkey Club Grilled Chicken Salad Deli Made 2 Order Everyday!! WW= Whole Wheat WG= Whole Grain	
5  Labor day	6 Soft Tacos Veggie Nice WG Rice <u>featured sides</u> Let/ Salsa/ Cheese Corn / Oranges Wedges	7 Meatball Submarine <u>featured sides</u> Celery Sticks Fresh Apple	8 WG Penne w/ Meat Sauce <u>featured sides</u> Broccoli Tops Grapes	9 WW Grilled Cheese <u>featured sides</u> Garden Salad Fresh Plum					
12 Homemade Baked Macaroni & Cheese <u>featured sides</u> Green Beans Fresh Peach	13 Nachos Grande Fried WG Rice <u>featured sides</u> Let/ Salsa/ Cheese Corn / Oranges Wedges	14 Stuffed Bread Sticks & Dipping Sauce <u>featured sides</u> Garden Salad Fresh Apple	15 WG Baked Ziti <u>featured sides</u> Pepper Strips Grapes	16 Baked Chicken Tenders <u>featured sides</u> Mashed Potatoes Mixed Fruit					
19 Beef Lo Mein Fortune Cookie <u>featured sides</u> Oriental Veggies Fresh Peach	20 Gordita's Veggie Nice WG Rice <u>featured sides</u> Let/ Salsa/ Cheese Corn / Orange Wedges	21 Baked Breaded Chicken <u>featured sides</u> Garlic Mashed Potatoes Fresh Apple	22 Homemade Lasagna Roll Ups <u>featured sides</u> Broccoli Tops Grapes	23 Baked Popcorn Chicken <u>featured sides</u> Garden Salad Fresh Plum					
26 Turkey Hot Dog On a Bun <u>featured sides</u> Green Beans Fresh Peach	27 Hard or Soft Tacos Fried WG Rice <u>featured sides</u> Let/ Salsa/ Cheese Corn / Oranges Wedges	28 Baked Potato Bar Served w/ Assorted Toppings	29 Spaghetti & Meatballs <u>featured sides</u> Pepper Strips Grapes	30 Chicken Parmesan Sandwich on a WW Bun <u>featured sides</u> Carrot Sticks Fresh Plum					

Fuel's Everyday Special, Sept 19th -23rd Burger Bar!!!

Special News...

Welcome back students & staff!!!



Menus are subject to change without notice.

