



September 2011

Pineland's Regional Jr. High School

Lunch: \$ 2.40

(Eligible students may receive free or a .40 reduced lunch meal)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
THE PIZZERIA... Everyday Choices: Cheese & Pepperoni	If you have any questions regarding the lunch program please feel free to contact Tina Mosher your Food Service Director @ 609-294-2769, or please e-mail me @ tmosher@prsdnj.org . Thank you!				More Info... Cheeseburger/ Hamburger/ Chicken Patty/ Cheese Steak Monday Bacon Cheeseburger Tuesday Chicken Patty Melt Wednesday Italian Burger Thursday California Ranch Chicken Friday Veggie Burger Grab n Go Salads... Chef Chicken Ranch Garden Chicken Caesar Turkey Club Grilled Chicken Salad Deli Made 2 Order Everyday!! WW= Whole Wheat WG= Whole Grain
5 Labor Day	6 Soft Tacos Veggie Nice WG Rice <u>featured sides</u> Let/ Salsa/ Cheese Corn / Orange Wedges	7 Meatball Submarine <u>featured sides</u> Celery Sticks Fresh Apple	1 8 WG Penne w/ Meat Sauce <u>featured sides</u> Broccoli Tops Grapes	2 9 WW Grilled Cheese <u>featured sides</u> Garden Salad Fresh Plum	
12 Homemade Baked Macaroni & Cheese <u>featured sides</u> Green Beans Fresh Peach	13 Nachos Grande Fried WG Rice <u>featured sides</u> Let/ Salsa/ Cheese Corn / Orange Wedges	14 Stuffed Bread Sticks & Dipping Sauce <u>featured sides</u> Garden Salad Fresh Apple	15 WG Baked Ziti <u>featured sides</u> Pepper Strips Grapes	16 Baked Chicken Tenders <u>featured sides</u> Mashed Potatoes Mixed Fruit	
19 Beef Lo Mein Fortune Cookie <u>featured sides</u> Oriental Veggies Fresh Peach	20 Gordita's Veggie Nice WG Rice <u>featured sides</u> Let/ Salsa/ Cheese Corn / Orange Wedges	21 Baked Breaded Chicken <u>featured sides</u> Garlic Mashed Potatoes Fresh Apple	22 Homemade Lasagna Roll Ups <u>featured sides</u> Broccoli Tops Grapes	23 Baked Popcorn Chicken <u>featured sides</u> Garden Salad Fresh Plum	
26 Turkey Hot Dog On a Bun <u>featured sides</u> Green Beans Fresh Peach	27 Hard Tacos Fried WG Rice <u>featured sides</u> Let/ Salsa/ Cheese Corn / Orange Wedges	28 Baked Potato Bar Served w/ Assorted Toppings <u>featured sides</u> Pepper Strips Grapes	29 Spaghetti & Meatballs <u>featured sides</u> Pepper Strips Grapes	30 Chicken Parmesan Sandwich on a WW Bun <u>featured sides</u> Carrot Sticks Fresh Plum	

Fuel's Everyday Special, Sept 19th -23rd Burger Works Bar!!!



Special News...

Welcome back students & staff!!!

Menus are subject to change without notice.

