



2009 December

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	More Info... All meals served with a vegetable and fruit of the day along with a choice of the following types of milk. 1% White Milk Skim Milk 1% Chocolate Milk Items available every day include: Hamburgers, Cheeseburgers, & Chicken Patty sandwiches Salad selections include Chicken Caesar & Chef Salads. Cheese Pizza Vegetable Pizza Pepperoni Pizza Made to Order Deli Sandwiches Reduced Lunch .40 Paid Lunch \$2.35 Adult Lunch \$3.25 Parents or Guardians you can pre pay for your child's Breakfast or Lunch by sending in a check made payable to: <i>Pinelands Regional School District</i>
	1 Baked Italian Ziti W/ Garlic Bread Pizza Burger Italian Sub Tuna Salad Platter Hawaiian Pizza	2 Beef & Bean Nanchos Hot Ham & Cheese on a Bagel All American Wrap Chicken Caesar Salad Meatball Pizza	3 Macaroni & Cheese Popcorn Chicken Ham & Mozzarella Pocket Southwest Chicken Salad Meatball Stromboli	4 BBQ Beef Bowl Chicken BLT Sandwich Honey Chicken Wrap Turkey & Ham Chef Salad Chicken Alfredo Pizza	
7 Chicken Nuggets Philly Cheesesteak Major Ham Wrap Ham Caesar Salad Meat Lover's Pizza	8 Grilled Cheese W/ Tomato Soup Chicken Parmesan Sante Fe Wrap Buffalo Chicken Salad Sausage Pizza	9 Chicken Quesadilla Rice BBQ Pork Riblet Turkey Pocket Turkey Chef Salad BBQ Chicken Pizza	10 Spaghetti W/ Meatballs Turkey Burger Turkey Caesar Wrap Fruit & Cheddar Platter	11 Roast Pork W/ Gravy & Mashed Potatoes Meatball Sub Buffalo Chicken Wrap Turkey Chef Salad Pepperoni Stromboli	
14 <i>Breakfast for Lunch</i> Pancakes w/ Sausage Chili Dog Italian Sub Tuna Salad Platter Roasted Vegetable Pizza	15 Country Chicken Bowl Mozzarella Sticks Sante Fe Wrap Chicken Caesar Salad BBQ Beef Pizza	16 Beef Tacos Hot Ham & Cheese on a Bagel Turkey & Cheddar Mediterranean Chicken Salad	17 Roasted Turkey w/ Mashed Potatoes Philly Cheesesteak Caesar Chicken Wrap Thai Chicken Salad BBQ Chicken Pizza	18 Baked BBQ Chicken Sloppy Joe Sandwich Major Ham Wrap Ham Caesar Salad Meat Lover's Pizza	
21 Beef-A-Roni <i>Spicy</i> Chicken Patty Chicken Rumba Wrap Ham Chef Salad Chicken Fajita Pizza	22 Baked Breaded Chicken Popcorn Chicken Southwest Beef Wrap Thai Chicken Salad Sausage Pizza	23 1/2 Day No Lunch	24 	25 	
28 <i>Holiday Break</i>	29 <i>Holiday Break</i>	30 <i>Holiday Break</i>	31 <i>Holiday Break</i>	<u><i>Soup of the week</i></u> Nov 30-Dec 4 <i>Turkey & Rice</i> Dec7-Dec11 <i>Lentil</i> Dec14-Dec18 <i>Navy Bean & Ham</i>	

Pinelands Regional Junior High School Lunch Menu



Special News...

Use this space to highlight specials and promotions!

Menus are subject to change without notice.

