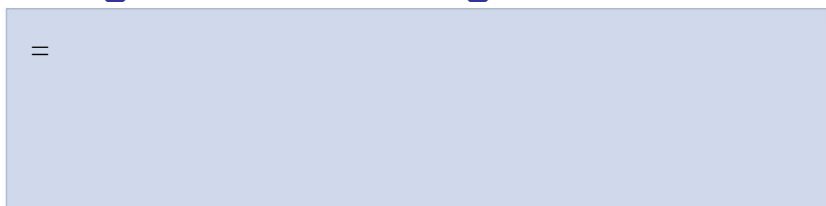




MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		<b>More Info...</b>  All meals served with a vegetable and fruit of the day along with a choice of the following types of milk. 1% White Milk Skim Milk 1% Chocolate Milk  Items available every day include: Hamburgers, Cheeseburgers, & Chicken Patty sandwiches Salad selections include Chicken Caesar & Chef Salads.  Cheese Pizza Vegetable Pizza Pepperoni Pizza  Made to Order Deli Sandwiches  Reduced Lunch .40 Paid Lunch \$2.35 Adult Lunch \$3.25  Parents or Guardians you can pre pay for your child's Breakfast or Lunch by sending in a check made payable to: <i>Pinelands Regional School District</i>
						<b>1</b> Home-style Meatloaf Chicken Cheddar BBQ All American Wrap Turkey Chef Salad Cheeseburger Pizza		<b>2</b> Roast Pork BBQ Chicken Crazy Club Turkey Caesar Wrap Fruit & Cheddar Platter		
<b>5</b> Staff in-Service ½ Day	<b>6</b> Country Chicken Bowl Pepper Steak burger Sante Fe Wrap Sesame Noodle Salad Sausage Pizza	<b>7</b> Spaghetti & Meat Sauce Chicken Cordon Bleu Major Ham Wrap Cobb Salad Chicken Fajita Pizza	<b>8</b> Beef Tacos Chicken Parmesan Sandwich Turkey & Cheddar Mediterranean Chicken Salad	<b>9</b> Sheppard's Pie BBQ Pork Riblet on a Roll Egg Salad Pocket Baja Chicken Salad Chicken Parm Pizza						
<b>12</b> Columbus Day No School  	<b>13</b> Chicken Teriyaki w/ Brown Rice Italian Burger Chicken Salad Pocket Chicken Ranch Salad Taco Pizza	<b>14</b> Baked BBQ Chicken w/ parsley noodles Philly Steak Sub Asian Chicken wrap Ham Caesar Salad Meat Lover's Pizza	<b>15</b> Penne Pasta W/ Meatballs Chicken Crazy Club Turkey Caesar Wrap Fruit & Cheddar Platter	<b>16</b> Beef & Bean Nanchos BBQ Pork Riblet on a Roll Egg Salad Pocket Baja Chicken Salad Chicken Parm Pizza						
<b>19</b> Macaroni & Cheese Meatball Parm Hero Sesame Chicken Wrap Beef Taco Salad Buffalo Chicken Pizza	<b>20</b> BBQ Beef Bowl Chicken BLT Sandwich Honey Chicken Wrap Turkey & Ham Chef Salad Sausage & Pepperoni Pizza	<b>21</b> Roasted Turkey w/ Mashed Potatoes Sloppy Joe Sandwich Buffalo Chicken Wrap Thai Chicken Salad Chicken BBQ Pizza	<b>22</b> Pasta W/ Meat Sauce Chicken Cordon Bleu Major Ham Wrap Cobb Salad Chicken Fajita Pizza	<b>23</b> Salisbury Steak Bacon Swiss Burger Chicken Rumba Wrap Tuna Salad Platter Bacon Pizza						
<b>26</b> General Tso Chicken W/ Brown Rice Pizza Burger Southwest Beef Wrap Chicken & Pasta Salad BBQ Beef Pizza	<b>27</b> Chicken Quesadilla W/ Loco Rice Philly Steak Wrap Turkey Pocket Turkey Chef Salad Cheeseburger Pizza	<b>28</b> Baked Italian Ziti W/ Garlic Bread Sloppy Joe Melt Italian Sub Chicken Taco Salad Roasted Vegetable Pizza	<b>29</b> Baked Breaded Chicken Popcorn chicken All American Wrap Sesame Noodle Salad Sausage Pizza	<b>30</b> Chili Con Carne Fish Fillet Sandwich w/ Lettuce & Tomato Ham & Mozzarella Pocket Southwest Chicken Salad White Pizza						

## Pinelands Regional Junior High School Lunch Menu



Menus are subject to change without notice.

