


2009 September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>More Info...</p> <p>All meals served with a vegetable and fruit of the day along with a choice of the following types of milk. 1% White Milk Skim Milk 1% Chocolate Milk</p> <p>Items available every day include: Hamburgers, Cheeseburgers, & Chicken Patty sandwiches Salad selections include Chicken Caesar & Chef Salads.</p> <p>Cheese Pizza Vegetable Pizza Pepperoni Pizza</p> <p>Made to Order Deli Sandwiches</p> <p>Reduced Lunch .40 Paid Lunch \$2.35 Adult Lunch \$3.25</p> <p>Parents or Guardians you can pre pay for your child's Breakfast or Lunch by sending in a check made payable to: <i>Pinelands Regional School District</i></p>
	1	2	3	4	
7 Labor Day No School 	8 Homestyle Meatloaf Chicken Cheddar BBQ All American Wrap Turkey Chef Salad Cheeseburger Pizza	9 Country Chicken Bowl Pepper Steak burger Sante Fe Wrap Sesame Noodle Salad Sausage Pizza	10 Spaghetti & Meat Sauce Chicken Cordon Bleu Major Ham Wrap Cobb Salad Chicken Fajita Pizza	11 Vegetarian Chili w/ Cornbread Chicken Crazy Club Turkey Caesar Wrap Fruit & Cheddar Platter	
14 Chicken Teriyaki w/ Brown Rice Italian Burger Chicken Salad Pocket Chicken Ranch Salad Taco Pizza	15 Baked BBQ Chicken w/ parsley noodles Philly Steak Sub Asian Chicken wrap Ham Caesar Salad Meat Lover's Pizza	16 Roasted Turkey w/ Mashed Potatoes Sloppy Joe Sandwich Buffalo Chicken Wrap Thai Chicken Salad Chicken BBQ Pizza	17 Inside Out Manicotti w/ Garlic Bread Chicken Parm Sandwich Turkey & Cheddar Mediterranean Chicken Salad	18 Topped Baked Potato BBQ Pork Riblet on a Roll Egg Salad Pocket Baja Chicken Salad Chicken Parm Pizza	
21 Macaroni & Cheese Meatball Parm Hero Sesame Chicken wrap Beef Taco Salad Buffalo Chicken Pizza	22 BBQ Beef Bowl Chicken BLT Sandwich Honey Chicken Wrap Turkey & Ham Chef Salad Sausage & Pepperoni Pizza	23 General Tso Chicken W/ Brown Rice Pizza Burger Southwest Beef Wrap Chicken & Pasta Salad BBQ Beef Pizza	24 Salisbury Steak Bacon Swiss Burger Chicken Rumba Wrap Tuna Salad Platter Chicken Alfredo Pizza	25 Chili Con Carne Fish Fillet Sandwich w/ Lettuce & Tomato Ham & Mozzarella Pocket Southwest Chicken Salad Greek Pizza	
28 Baked Italian Ziti W/ Garlic Bread Sloppy Joe Melt Italian Sub Chicken Taco Salad Roasted Vegetable Pizza	29 Chicken Quesadilla W/ Loco Rice Philly Steak Wrap Turkey Pocket Turkey Chef Salad Cheeseburger Pizza	30 Baked Breaded Chicken Popcorn chicken All American Wrap Sesame Noodle Salad Sausage Pizza			

Pinelands Regional Junior High School Lunch Menu



Special News...

ARAMARK would like to welcome students and faculty back to school. We look forward to serving you this school year!!!

Menus are subject to change without notice.

